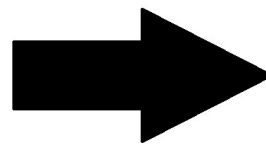


# ORIENTEERING INSTRUCTIONS

1. Install the **iOrienteering** app on your smartphone.
2. Open the app, and on the home screen tap the “LOAD AN EVENT” button, then “SCAN SETUP QR CODE”, and then scan one of the following QR codes to choose which course you want to do. This will load the course details into the app.



3. When you are ready to start your course, press the “SCAN START CODE” button and scan the **“START”** QR code below left. As soon as you do, your official clock is running!
4. Scan the QR codes on the control marker ribbons as you find them to “punch in” at each control. The app will check your progress and compute your splits times, as well as show your total running time.
5. When you have found all the ribbons, come back here and scan the **“FINISH”** QR code below right. This will stop your official clock and compute your total course time.
6. In response to the prompt, click Upload your results and compare to your friends! **PLEASE UPLOAD SO WE CAN TRACK COURSE USAGE!**



Use your map & compass to find and scan QR codes on all course controls, **IN ORDER**

